

# Meet the chaplains . . .



## Mickey Best

### **How would you describe your personality and communication style?**

I like to laugh and spend time with people. Over the years, I've grown in humility and empathy. My hope is that others find me very approachable with a listening ear. Whenever possible, I prefer to encourage others with relevant stories or personal experiences.

### **Tell us about your family, friends, kids, pets.**

My wife, Diane, and I have been married since 1989. We're blessed with three children: Brandon, Colton, and Kailey. Despite various challenges, our love for each other and joy together has grown over the years.

### **How would others describe you?**

I've been told by several over the years that they feel they can open up to me about anything because of my "humility." It seems that as I share from my vast, vast array of mistakes and weaknesses, others feel safe to do the same.

### **If someone was looking to work with you as their chaplain, what would you like them to know?**

At Capital Chaplains, we're very careful to honor the beliefs and backgrounds of everyone with whom we're privileged to work. This is possible because so many struggles and solutions in life apply equally to all. As a person of faith, I look to God for hope, wisdom, grace, and strength on a daily basis. I believe that God is very real and loves people deeply.

### **What is, in your opinion, the most interesting or strangest thing about you?**

NFL running back great Walter Payton once asked me personally to drag him across my school's locker room floor, and I did.

### **Tell us about your career, education, and experience that led you to workplace chaplaincy.**

I graduated from Wheaton College in 1989. After receiving my Masters of Divinity, I went into full-time professional ministry. I served as a youth pastor for seven years before moving to Madison to start Point of Grace Community Church in 1998, where I've served as the pastor since that time; I've also served as a chaplain since 2007.

### **What types of life issues do you have experience helping others with?**

In my years of pastoral and chaplaincy experience, it's hard to think of many life issues in which I haven't been involved. I've helped those struggling with all sorts of abuse, family dysfunction, spiritual questions, incarceration, hospitalization, end-of-life issues, parenting challenges, financial struggles, anxiety and anger, sexual addictions, marriage problems, etc.



### **What do you like most about being a workplace chaplain?**

I firmly believe the most important thing anyone can do with one's life is to love others. Chaplaincy provides an excellent opportunity to do just that in very practical ways.

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Capital Chaplains

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